

the name of hiking	bonus: SAUNA	bonus: CATERING	location county	location parish	summer season	winter season	price per one person (participants together: 8 persons)	maximum amount of participants	standard length of hiking trip	the type of hiking
Härgla	smoke sauna (1)	organic village supper (1)	Rapla	Juuru	01.05-30.10	01.12-01.03	25	8	6	trekking in the wilderness
liripillisaare (*)	smoke sauna (1)	organic village supper (1)	Järva	Paide	15.05-30.10	01.12-01.03	ask Your price	8	7	trekking in the wilderness
liripillisaare nighttrip (*)	smoke sauna (1)	organic village supper (1)	Järva	Paide	01.05-30.10	01.12-01.03	ask Your price	8	8	overnight trekking (wilderness)
Ilvesemäe (*)	smoke sauna (1)	organic village supper (1)	Rapla	Kaiu	15.05-30.10	01.12-01.03	ask Your price	8	7	trekking in the wilderness
Kanamatsi (*)	smoke sauna (1)	organic village supper (1)	Jõgeva	Koeru	15.05-30.10	01.12-01.03	ask Your price	8	7	trekking in the wilderness
Kangla	cave sauna (2)	supper table of vikings (2)	Harju	Raasiku	15.04-30.10	01.12-01.03	25	8	7	trekking in the wilderness
Karukõrve (S)	smoke sauna (1)	organic village supper (1)	Lääne	Kullamaa	21.07-30.10	01.12-01.03	ask Your price	8	8	trekking in the wilderness
Kasukamäe	smoke sauna (1)	organic village supper (1)	Rapla	Rapla	15.05-30.10	01.12-01.03	35	8	8	trekking in the wilderness
Katlamäe	smoke sauna (1)	organic village supper (1)	Rapla	Kohila	01.05-30.10	01.12-01.03	35	8	8	trekking in the wilderness
Kohala (*)	finnish sauna (3)	organic village supper (4)	L-Viru	Kadrina	01.05-30.10	01.12-01.03	ask Your price	8	8	ürgloodus / pärandkultuur
Kurese	finnish sauna (4)	organic village supper (3)	Pärnu	Koonga	15.04-30.10	01.12-01.03	ask Your price	35	6	national heritage trekking
Käometsa nighttrip (*)	smoke sauna (1)	organic village supper (1)	Rapla	Kaiu	15.05-30.10	01.12-01.03	ask Your price	8	9	overnight trekking (wilderness)
Mahtra	smoke sauna (1)	organic village supper (1)	Rapla	Juuru	01.05-30.10	01.12-01.03	ask Your price	8	8	wilderness / national heritage
Pedaslauka (*)	cave sauna (2)	supper table of vikings (2)	Harju	Kuusalu	01.05-30.10	01.12-01.03	40	8	8	trekking in the wilderness
Rahama	cave sauna (2)	supper table of vikings (2)	Harju	Saue	15.04-30.10	01.12-01.03	ask Your price	8	8	trekking in the wilderness
Tarsimäe (*)	smoke sauna (1)	organic village supper (1)	Rapla	Kehtna	01.05-30.10	01.12-01.03	40	8	7	trekking in the wilderness
Töldmäe	smoke sauna (1)	organic village supper (1)	Lääne	Oru	01.05-30.10	01.12-01.03	ask Your price	8	7	trekking in the wilderness
Tõugussaare (*)	smoke sauna (1)	organic village supper (1)	Järva	Albu / Paide	15.05-30.10	01.12-01.03	ask Your price	8	8	trekking in the wilderness
Tõugussaare nighttrip (*)	smoke sauna (1)	organic village supper (1)	Järva	Albu / Paide	01.05-30.10	01.12-01.03	ask Your price	8	8	overnight trekking (wilderness)
Valkse	smoke sauna (1)	organic village supper (1)	Lääne	Risti	15.04-30.10	01.12-01.03	ask Your price	8	8	wilderness / national heritage
Viluvere (2 day trip)			Lääne	Noarootsi	01.05-15.10		85	8	7+2	wilderness / national heritage
Virussaare (*)	finnish sauna (4)	organic village supper (3)	Pärnu	Halinga	15.05-30.10	01.12-01.03	45	8	7	trekking in the wilderness

Prices include trekking with guide there and back, transport to and from trekking area, and catering during trekking. Bog trekking (marked in table with *) includes pay for use of straw shoes.

NB! About catering during trip – in the meantime of trip we offer light refreshment and refreshing herbs tea.

Supper or breakfast after hiking and sauna for additional pay, except two day trip to Viluvere – this trip don't have these possibilities.

All prices are given in euro (€)

Hiking tours last 5-8 hours, meals, drinks and stops for break included

NB! For two day trip to Viluvere there will be needed a tent. Hikers can spend their night in tents near the abandoned Viluvere village, close to the mystic meadow. NB! There will be no need to carry the tents during the trip, campsite is close to the car (bus). Price include as well a vespertine twilight-soup from gifts of nature.

A discount is possible for hikers who come from other parts of Estonia, it means, outside of Tallinn.

An extra discount is possible for hikers, who come on to repeated trip or on to two or more different trips

ABOUT SAUNAS:

- (1) smoke sauna in Laukataguse Puhkeküla (Lau village, Rapla County)
- (2) cave sauna in vikings' settlement – Viikingite küla (Saula village, Harju County)
- (3) Finnish sauna in Ohepalu village (Lääne-Viru County)
- (4) Finnish sauna in Pereküla (Pärnu County)

ABOUT MUSHROOM SEASON:

(S) best paths of the mushroom season 15.08-15.10

CATERING EXTRA: SUPPER (FOR OVERNIGHT TOURS BREAKFAST ALSO)

- (1) organic supper in Laukataguse Puhkeküla (Lau village, Rapla County)
- (2) supper table in vikings' settlement – Viikingite küla (Saula village, Harjumaa)
- (3) organic supper in Pikavere village (Pärnu County)
- (4) organic supper in Ohepalu village (Lääne-Viru County)

We kindly ask you to agree about catering and menu, confirming your wishes at least 3 days before trekking.

Take along:

Rubber or trekking boots

Clothes according to the season

Hikers heading to Karukõrve should take along a knife for mushrooms and a container for them.

Overnight trekking requires warmer clothes, or even multi-clothes that you could take off when the weather becomes warmer in the day.

Insect repellent

If there is a danger of mites, put on clothes in lighter tones, so that you may quickly and easily spot mites on your clothes.

NB!!! WINTER SEASON IS SPECIAL!!!

WINTER TREKKING DEPENDS ON THE WEATHER. IT IS ARRANGED IN COLD AND DRY WEATHER WITH FREEZING TEMPERATURES UP TO -12 °C!

SHOULD THE SNOW BE THICK AND CARRYING, WEARING STRAW SHOES IS ADVISABLE TO ALL WINTER HIKERS.

IN CASE OF LONG SUB-ZERO SPELLS AND WHEN THE SNOW IS CARRYING, TREKKING IS DONE IN WINTER BOOTS, WITHOUT STRAW SHOES

WINTER TREKKING HAS ITS SPECIAL CHARM